A six week program exploring emotionally intelligent parenting.

Tuesday’s
30 April & 7, 14, 21, 28 May & 4 June 2019
6.30 – 8.30pm

Northern Beaches
Family Centre
116/20 Dale Street
Brookvale

$20.00

The program will show you how to help your child develop emotional intelligence.

You will learn how to:
• Be better at talking with and understanding your child
• Help your child learn to manage their emotions
• Prevent behaviour problems in your child
• Teach your child to deal with conflict.

Children with high emotional intelligence:
• Have greater success with making and keeping friends
• Have better concentration at school
• Are more able to calm down when angry or upset
• Tend to have fewer childhood illnesses.

Note: This group is unable to provide childcare. If this is something you would like to discuss please contact us. If you are experiencing financial difficulty, please let us know.