



Welcome to the fourth WNSW F2D newsletter, in this issue we take a look the Coonamble Sector Strengthening Strategy

We would like to acknowledge the significant impact the coronavirus (COVID-19) is having on communities; our sincerest thanks to everyone involved who continue to support and provide necessary services to children and their families in WNSW through these uncertain times.

WNSW First 2000 Days (F2D) is a joint project between Western NSW Local Health District (WNSW LHD) and Stronger Communities Investment Unit (SCIU), formerly Their Futures Matter. The project builds on the **existing NSW Health Integrated Care Demonstrator** work in Coonamble and Walgett and the broader Western NSW service system to support a regional multi-agency model of health and social care for vulnerable children (0-5 years) and their families.

The project supports the work of the **Coonamble Integrated Service Delivery (ISD) Project** and this existing local collaboration provides guidance to the Model of Care in the form of agreed principles of working.

The two projects look to **build capacity and capability** within the service support sector in Coonamble; through this collaboration the **Coonamble Sector Strengthening Strategy** was developed.

A learning needs assessment was recently conducted via survey monkey within the workforce of Coonamble to identify areas in need of additional training and development; as an outcome of the feedback a **learning and development plan** was established providing a suite of training options for staff providing support services to the Coonamble community.

The project models presents a **unique opportunity to develop new ways of working together** to ensure the sector is positioned to deliver the best possible support to improve outcomes for vulnerable individuals, children and their families.

Improving outcomes requires a robust and integrated service system that is accessible, adequately skilled and resourced, and has the clear goal that everyone



involved from the sector take responsibility for their own role in providing **necessary, appropriate and culturally safe support** to those in need.

To create the appropriate conditions for effective service delivery, vulnerable individuals, children and families need to **receive quality services** from a **highly skilled workforce** and capable organisations across the government and non-government support sector. Community members should receive these services when and where they need them, in the way they want to access them and with respect for their individual circumstances and culture.

The Aim:

- **Strengthen the Coonamble service sector workforce and to deliver** responsive quality services to individuals, children and their families into the future.
- **Strengthen the capacity of non-government service providers** to enable them to provide more services and assume more responsibility.
- **Respond to the needs of Aboriginal and Torres Strait Islander people and families** of Coonamble.

This can be achieved; by working collaboratively, sharing learnings and learning from one another so organisations, their programs, staff and most importantly the people they support succeed. **This is the opportunity to deliver better integrated service**, and to make sure individuals, children and families are able to access the right services, at the right time, and in the right place.

A valued **learning and development culture** through shared professional development and training opportunities across the service sector in Coonamble will assist in **organisations building and creating new collaborative and respectful relationships**, within and across traditional sector boundaries. Doing this will help harness the efforts of all organisations working to help vulnerable individuals children and families.



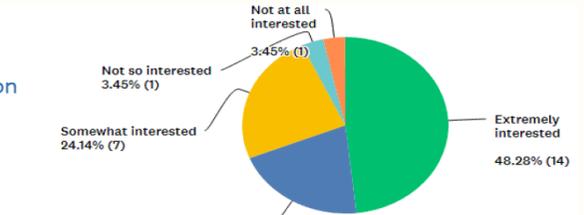


What training opportunities were identified?

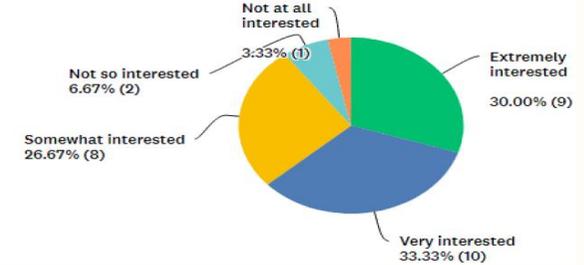
Collaborative Partnerships with agencies.	Providing support to the family requires collaboration and positive working relationships with a range of services and agencies.
Trauma Informed Care and Training	Increasing the sectors capacity to provide a trauma informed care response. Includes delivery from an Aboriginal trainer.
Uncomfortable Conversations	Being able to work effectively in small communities through communication with both workers and community members.
What's up with my mob	Understanding the impact of transgenerational Trauma on Aboriginal Peoples, delivered by an Aboriginal Facilitator.
Bridges Out of Poverty	Developing an understanding of poverty, mindset and the hidden rules of generational poverty, middle class and wealth.

A peak at the learning needs results!

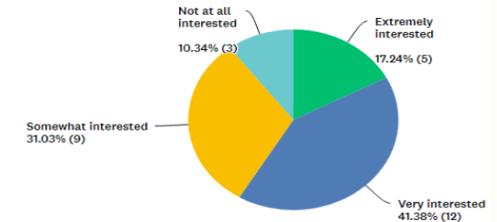
What's Up with My Mob?
Understanding the
Impact of Trans Generational Trauma on
Aboriginal Peoples – 1 Day



Trauma Informed Care – 2 days



Collaborative Partnerships
with other agencies



What's Coming up next?

Issue 4 we look at realistic and measurable client outcomes.

If you would like more information on the WNSW F2D project contact

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We acknowledge the work of the Coonamble Integrated Service Delivery project team in the WNSW F2D project work



In response to the impact of COVID-19 restrictions and the direct impact to the delivery of the Learning and Development plan an **on-line training** solution has been developed; free short courses/modules are available to continue to build and develop the sector in Coonamble; **face to face training opportunities will be scheduled post COVID-19 restrictions being lifted.**

On-line training information - Danielle.Chapman4@facns.nsw.gov.au

